



ATHLETICS	Attainment Band					Knowledge, Understanding and Skills
	White	Green	Blue	Yellow	Yellow Plus	
QUALITY OF SKILLS Run Jump Throw	Limited	Basic	Competent	Consistent	Fluent	Ability to perform key skills in full competition
						Ability to perform key skills in small sided competitive practices
						Ability to perform key skills in isolated practices
DECISION MAKING	Limited	Basic	Competent	Consistent	Fluent	Ability to successfully select and use appropriate skills and tactics on some occasions
						Ability to select and apply appropriate skills and tactics on some occasions
						Ability to select and apply appropriate skills and tactics on a few occasions
PHYSICAL DEVELOPMENT	Limited	Basic	Competent	Consistent	Fluent	Ability to demonstrate sufficient physical fitness and psychological control to perform effectively
						Ability to demonstrate sufficient physical fitness and psychological control to perform with some effectiveness
						Ability to demonstrate limited physical fitness and psychological control during performance
ANALYSIS OF PERFORMANCE	Limited	Basic	Competent	Consistent	Fluent	Ability to demonstrate good awareness of strengths and weaknesses and how to improve
						Ability to demonstrate awareness of strengths and weaknesses
						Ability to demonstrate little awareness of strengths and weaknesses
Teacher Feedback						
WWW						EBI



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