



ATHLETICS	Attainment Band					Knowledge, Understanding and Skills
	White	Green	Blue	Yellow	Yellow Plus	
<b>QUALITY OF SKILLS</b> Run Jump Throw	Limited	Basic	Competent	Consistent	Fluent	Ability to perform key skills and exert some influence on competition
						Ability to perform key skills in full competition
						Ability to perform key skills in small sided competitive practices
<b>DECISION MAKING</b>	Limited	Basic	Competent	Consistent	Fluent	Ability to successfully select and use appropriate skills and tactics on many occasions
						Ability to successfully select and use appropriate skills and tactics on some occasions
						Ability to select and apply appropriate skills and tactics on some occasions
<b>PHYSICAL DEVELOPMENT</b>	Limited	Basic	Competent	Consistent	Fluent	Ability to demonstrate appropriate levels of physical fitness and psychological control to perform very effectively
						Ability to demonstrate sufficient physical fitness and psychological control to perform effectively
						Ability to demonstrate sufficient physical fitness and psychological control to perform with some effectiveness
<b>ANALYSIS OF PERFORMANCE</b>	Limited	Basic	Competent	Consistent	Fluent	Ability to demonstrate excellent awareness of strengths and weaknesses and how to improve
						Ability to demonstrate good awareness of strengths and weaknesses and how to improve
						Ability to demonstrate awareness of strengths and weaknesses
<b>Teacher Feedback</b>						
<b>WWW</b>					<b>EBI</b>	



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