

STEWARDS ACADEMY 2019/2020



FREE BREAKFAST CLUB

1 SLICES OF TOAST - BUTTER / JAM

1 PIECE OF FRUIT – BANANA, APPLE, SATSUMA

BOWL OF RICE KRISPIES

DRINK - SQUASH / MILK / WATER

HOT FOOD

JACKETS

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|-----------------------|-------|
| PLAIN JACKET | £1.00 |
| JACKET & BEANS | £1.40 |
| JACKET & CHEESE | £1.50 |
| JACKET CHEESE & BEANS | £1.60 |

PANINIS

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|--------------------------------|-------|
| CHEESE & PIZZA SAUCE | £1.85 |
| BBQ SOUTHERN FRIED CHICKEN | |
| WRAP | £2.25 |
| CHICKEN, BACON & CHEESE | £2.35 |
| BBQ CHICKEN | |
| CHICKEN FAJITA | |
| PEPPERONI PIZZA | |
| HAM & CHEESE | |
| MEATBALL, CHEESE & PIZZA SAUCE | |

MAIN MEALS

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| MEAT / FISH MAIN MEAL | £1.20-£1.50 |
| VEGETARIAN MAIN MEAL | £1.20 |
| TOMATO PASTA | 60p-£1.00 |

SIDES (EXTRA PORTION)

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| CHEESE | 35p-50p |
| POTATOES, RICE, PASTA | 45p |
| VEGETABLES | 45p |
| CHIPS/WEDGES | 65p |
| GARLIC BREAD | 35p |



MENU

DRINKS

(AVAILABLE AT THE PAID BREAKFAST CLUB BREAKS AND LUNCH)

HYDRA BLAST 80p

(APPLE & MANGO, RASPBERRY & BLUEBERRY, FRUIT PUNCH, STRAWBERRY & SOUR CHERRY)
330ML

FLAVOURED WATER

80p

(LEMON & LIME, STRAWBERRY & RASPBERRY, PEACH & MANGO, SUMMER FRUIT & ORANGE)
500ML



PLAIN WATER 60p

500ML

CARTON OF JUICE 50p

(APPLE, TROPICAL, ORANGE, FOREST FRUIT)
250ML



PAID BREAKFAST

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| FRUIT POTS | 80p |
| LOW FAT GREEK YOGHURT & FRUIT (LEMON, MANGO, FOREST FRUIT, BLUEBERRY, CHERRY) | 85p |
| A GRANOLA POT EXTRA | 15p |
| HOME MADE FLAPJACKS (PLAIN, APPLE, COCONUT, CHOC CHIP) | 65p |
| HOME MADE MUFFINS (APPLE, LEMON, BANANA & OAT, FRUIT & YOGHURT, PEACH, BANANA) | 65p |
| HOME MADE OAT COOKIE | 60p |
| PACKET BISCUITS | 40p-60p |
| 2 CRUMPETS & BUTTER | 50p |
| 2 HASH BROWNS | 50p |
| RICE KRISPIE SQUARES | 80p |
| CROISSANTS | 75p |
| CEREAL BOXES | 80p |



SNACKS

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|----------------------|---------|
| HOME MADE BAKES | 25p-65p |
| HOME MADE COOKIES | 60p |
| POPCORN | 85p |
| GLUTEN FREE BISCUITS | 70p |
| MEGA MUFFINS | £1.00 |



CHILLED FOOD

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| FILLED SMALL ROLL | £1.20 |
| FILLED LARGE ROLL | £1.65 |
| WRAPS | from £1.85 |
| SANDWICHES (FILLINGS – CHEESE, HAM, CHICKEN TIKKA, CHICKEN MAYO, BBQ CHICKEN, SOUTHERNFRIED CHICKEN, SAUSAGES, BACON) | £1.25 - £2.25 |

